



## Episode 9 : **Being Out in the World**

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**Meet phenomenal host, Fiona Cutts, and join her on the magical journey and hear how she changed from being paralysed by shyness to shining with exuberance as an international facilitator, empowering others to create a greater life than they ever thought possible.**

In this episode, Fiona shares with us her journey to a whole different level of 'shining beyond shy'.

### **Key messages:**

- shyness is a refusal to have us 'out' in the world
- our unwillingness to be 'out' comes from a lack of trust in ourselves
- being a 'bossy bitch' is required at times and that's different from always functioning from that way of being
- we can get to a whole different level of 'shining beyond shy' when we are willing to have the way we speak be imposing - willing to have the way we be imposing - really willing to be heard - and this makes us enticing to people

## Tools and Questions

*Are you willing to be the 'bossy bitch'?*

*All the stuff that question brings up, truth, are you willing to destroy and uncreate it all?*

Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds®.

*Everything that comes up when I acknowledge I am willing to be imposing, I destroy and uncreate it.*

Right and wrong, good and bad, POD and POC, all 9, shorts, boys and beyonds®.

## Resources:

- > [Outshine Your Shy](#)
- > [Right Voice For You](#)
- > [Find me](#)
- > [Access Consciousness®](#)
- > [Access Consciousness Clearing Statement®](#)
- > [Unhiding You](#) (25 May till 15 June 2021)