



Episode 46 : **Being The Source**

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**Meet phenomenal host, Fiona Cutts, and join her on the magical journey and hear how she changed from being paralysed by shyness to shining with exuberance as an international facilitator, empowering others to create a greater life than they ever thought possible.**

In this episode, Fiona talks to us about her journey and the tools she has used to relocate the source for her life from her parents and money to herself, the phenomenal person creating abundant wealth in her life. What if you, too, can be the source for the next great thing you would like in our life?

### **Key messages:**

- Taking on board the cynicism and criticism from those we have made the source for our lives, keeps us in our shyness, below the radar and not taking action
- Whatever we create in our lives is not our fault
- If it's really true that we're the source that created where we are in our lives, than we're also the source that can create something different
- Only you are the source for you, the source of your life, the source of what gets created next

- The truth of us as infinite beings is that we are generative sources for our lives

### **Tools and Questions**

*Everything that thinking money, and not you, is the source, will you destroy and uncreate it?*

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*For distractor implants such as regret: Everything that is, will you destroy and uncreate it?*

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*It's not worth regretting. If you're still breathing, you're still in the game. Everything that brings up, will you destroy and uncreate it?*

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*What source for your life are you willing to be, if you would be it would change everything?*

*All the energy that that brings up in your world, will you destroy and uncreate it?*

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*What else is possible?*

*What else is possible that you don't think is possible that if you allowed possibilities would actualise a whole new reality?*

*Everything that brings up, everything that doesn't allow that, will you destroy and uncreate it?*

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### **Resources:**

> Download your free resource - [5 Steps to Overcoming Shyness wherever you are](#)

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Do get in touch with Fiona if you have any questions or would like to suggest a topic for a future Podcast.